Hello Summit Park families,

We have gotten off to a great start and enthusiasm and excitement in the air. The students arrived back to school last week sporting new backpacks and school supplies, ready to start a new year at Summit Park. The faculty and staff have embraced the new school year ready for teaching and learning. Thank you to all who joined us for Sneak-A-Peek in and the Back to School Nights. We have implemented many changes, and we want to thank you for your patience during the first few weeks of school. We are pleased with the afternoon dismissal process and we thank you for your assistance in keeping our students safe.

As the school year is underway, I encourage parents and family members to be active participants in their child’s education. Summit Park is always looking for parent volunteers to help in classrooms, in the lunchrooms, with special projects, and on field trips. If you are interested in volunteering in any way during the school year, you will need to complete the volunteer training and screening process. The training is available online by visiting www.bcps.org and accessing the ‘Parent’ tab. You will find the training instructions under the ‘Get Involved’ tab on the left side of the screen. Once you have completed the training, please print your certificate and bring a copy to the school with your application. Please remember that parents must be volunteer trained each year to help with any programs or events at the school, including chaperoning field trips. If you have questions about the process, please do not hesitate to contact us. Thank you for all that you have done to assist us as we start the school year at Summit Park.

Sheila Thomas, Principal

See inside for after school club listings
LIBRARY GIFT FUND:
In honor of their birthdays in September, the following students donated books to our library:
Seungbin P., Parker G., Veronica M., Amber C., Daniella B., Rafaela B., Matvei Z., Amalia M., Jessica G.,
Evan W., Karina S., Lyla G., and Mikhael V.
We appreciate their donations and the books are available for all students to enjoy. Happy Birthday

NOTES FROM NURSE VARHAFTIK
Fall is here and the cooler weather is coming! Our students are already starting to catch colds so please remind your children to wash their hands frequently throughout the day especially before and after lunch. It is helpful to remind our children to cough and sneeze in their elbows, and to wash up after blowing their noses. Talk to your child’s health care practitioner about getting a flu shot. Keep your child home if he has a fever above 99.4, vomiting, and diarrhea.

Just a reminder to please place a change of clothes in your child’s locker just in case he has an accident or a spill. Thank you!

Summit Park Elementary will join forces again this year with numerous other Baltimore County elementary schools for

“Kid’s Helping Hopkins” Build a Bear Weekend.

The event will take place at the Build a Bear store at Towson Town Mall the weekend of November 16th & 17th 2019 from 11am-4pm each day.

Teachers, staff, students, and their families, as well as local community members are invited to come to the store any time at their leisure over the two days, in order to build teddy bears for sick children. All bears created will be donated to The Johns Hopkins Children’s Center on behalf of the schools involved. Bears can be made for as little as $12.00 + tax. We are expecting a positive turn-out and are hoping to build 400 teddy bears! Teachers will be on hand both days to help, and all of the bears will be delivered to the Child Life Department of The Johns Hopkins Children’s Center.

FOUND: Young ladies FitBit. Please call the school for more information.

Please check out the school Lost and Found located in the Café. We have lots of water bottles, lunch boxes, and jackets to claim.

Do you have any instruments lying around that you are no longer using? Consider donating them to Summit Park. Just drop them off for Mrs. Turner, IM Teacher.
October is Bullying Prevention Month. Some school wide activities that our school is highlighting for bullying prevention month are exploring the definitions of civility, equity, unity, respect, and positivity by participating in “Colors and Words of the Day”, discussing these attributes during Summit Circles, contributing to SPES’ Random Words of Kindness wall, and having the opportunity to participate in the making of a video discussing why Kindness Matters.

The schedule for “Colors and Words of the Day is the following:

<table>
<thead>
<tr>
<th>Color</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Color</td>
<td>BCPS Blue</td>
<td>Green</td>
<td>Orange</td>
<td>Red</td>
<td>Purple</td>
</tr>
<tr>
<td>Word</td>
<td>Civility</td>
<td>Equity</td>
<td>Unity</td>
<td>Respect</td>
<td>Positivity</td>
</tr>
</tbody>
</table>

Students in kindergarten will learn how they can fill others buckets to promote positive peer relations. First graders will discuss how to recognize bullying behavior and strategies that can be used to put an end to bullying, including asking for help. The students in second grade will identify the role of a bystander and what they can do to help someone being bullied. Third grade students will learn the acronym M.O.O. (mean, on purpose, over and over) for bullying to help them identify bullying behavior. Fourth graders will learn strategies on how to respond to teases and put downs in calm manner. In fifth grade students will read and discuss a story about hurtful teasing, a form of bullying, in order to identify strategies to address hurtful teasing.

Mrs. Marks, School Counselor

KINDNESS MATTERS
**News from the PTA:**

**October**
1. Please submit your Membership forms
2. There will be no PTA meeting in October.
3. Movie Night Oct. 4th 6-9. We are in need of volunteers so please see the signup genius to volunteer. [https://m.signupgenius.com/](https://m.signupgenius.com/)
4. Rodgers Farm Oct. 18th 12:30-6. A portion of the ticket sales will be donated to SPES PTA.

**November**
1. SAVE THE DATE FOR A SPECIAL GUEST at the November 6th PTA meeting
3. November 18th-22nd Scholastic Book Fair. Stay tuned for details and volunteer opportunities.

**Chorus Club**

All 3rd - 5th grade students are invited to participate in Summit Park’s chorus club. The chorus club is open to all students who have a love for singing, exhibit respectful behavior, and can attend our Friday morning rehearsals from 7:45 am – 8:30 am.

The Friday chorus will perform on the announcements throughout the year, as well as in a concert on May 19, 2020. This gives us plenty of time to develop our ensemble, develop skills, and have fun!

Our first rehearsal will begin on Friday, October 25. Please feel free to contact me with any questions or concerns at (410) 887 – 1210 or jskidmore@bcps.org

**Pitch Perfect Instrumental Club**

4th – 5th grade students are invited to participate in Summit Park’s Pitch Perfect club. This club is open to all students who enjoyed learning recorder basics in 5th grade, would enjoy working with xylophones, tone bells and Boomwhackers, exhibit respectful behavior, and can attend our Wednesday morning rehearsals from 7:45 am – 8:30 am.

The Pitch Perfect Club will perform on the announcements throughout the year, as well as in a concert on May 19, 2020. This gives us plenty of time to develop our ensemble, develop skills, and have fun!

Our first rehearsal will begin on Wednesday, October 16. Please feel free to contact me with any questions or concerns at (410) 887 – 1210 or jskidmore@bcps.org

Sincerely, Jennifer Skidmore
**Bucket Band**

Mrs. Turner is hosting two after school clubs this year. The Bucket Band starts on October 15th and is open to the first eight 5th graders and the first seven 4th graders to bring back a signed permission slip. The Bucket Band meets Tuesday afternoons from 3:30-4:30 and permission slips are due back by October 11th.

**Band and Orchestra After-School Practice**

Mrs. Turner is also offering after school band and orchestra practice help on Wednesday afternoons from 3:30-4:30 starting October 16th to 5th grade students. Students do not have to attend every week and session sign ups will begin after permission slips are turned in.

**Art Club**

Attention 4th and 5th grade students. Do you love to create using a variety of materials and/or work with friends on special collaborative projects? If so, please join Green Art club! The Green Art club will begin on Thursday, October 24th, after school from 3:30-4:30. Due to limited space, only 15 students will be allowed to attend art club per quarter. Students will be chosen on a first come, first serve basis, so please return the signed permission slip to Mrs. Bentley as soon as possible!

**Intramurals**

This year Summit Park Elementary Physical Education will be offering a morning intramural club to fourth and fifth graders from 7:45 – 8:30 in the morning. Intramurals will take place on Tuesdays for 4th grade students and on Thursdays for 5th grade students. Intramurals will begin on Tuesday, October 15, 2019 for 4th grade students and on Thursday, October 17 for 5th grade students. Intramural activities will be planned to reinforce class activities and units of instruction.

A paragraph about what the word “teamwork” means to the child is due with the application and registrants will not be considered without the accompanying paragraph. Applications and registration information are due by **Tuesday, October 8, 2019** to Mrs. Bornman. Applications and permission slips are located in the folder on the PE office door.

**NFL Play 60 Challenge has returned! 9/30-10/28/19**

SPES is participating in The NFL Play 60 Challenge which begins on Monday, September 30. Participation in the program is voluntary. During this four (4) week period, students will track both their activity and minutes for each day using the Student Game Planner (student activity log for the entire four (4) week program). Parents will need to sign off at the bottom of each weekly column. Students must hand in completed and signed Student Game Planners to Mrs. Bornman, on Monday, October 28, 2019.

Extra Student Game Planners are available in the folder on the PE Office door. Physical activity both inside (PE, recess, etc.) and outside of school count.
NORTHWEST AREA EDUCATION ADVISORY COUNCIL
OPERATING AND CAPITAL PRE-BUDGET HEARING
WE NEED TO HEAR YOUR VOICE!

Date: Wednesday, October 16, 2019
Time: 7:00 pm
At: Owings Mills High School
124 Tollgate Road
Owings Mills, MD 21117

Northwest Area residents are invited to our public hearing to present testimony on capital budget requests such as building renovations, equipment purchases/repairs and operating budget requests such as books, staff, and technology that they want included in the BCPS FY 2021 Operating and FY 2022 Capital Budgets. Each person will be given three minutes to present testimony. Anyone who wants to testify must sign-up beginning at 6:30 pm.

For more information contact Clifford Collins, Chair, Northwest Area Education Advisory Council at collinsc314@gmail.com
FREE PARENT WORKSHOPS!
Sponsored by the Special Education Resource Center located at The White Oak School
Baltimore County Public Schools Office of Special Education

2019 Fall Workshops
Registration now open!

Overcoming Depression: Functional Coping Skills for Teens & Tweens
Depression in Tweens and Teens is quite common, and the consequences can be devastating. In this workshop, parents and caregivers will learn about causes of depression, how to identify signs of depression versus naturally occurring teen moodiness, prevention strategies that can be completed by parents and/or their child, and how to assist your child through their depression. Presented by Tara Hope, Ph.D. The Child and Family Therapy Clinic of the Department of Behavioral Psychology at Kennedy Krieger Institute

Wednesday October 16, 2019, 5:30 p.m. - 7:30 p.m., Pikesville Library Meeting Room
Wednesday October 23, 2019, 5:30 p.m. - 7:30 p.m., White Marsh Library Meeting Room
Wednesday November 6, 2019, 5:30 p.m. - 7:30 p.m., Arbutus Library Meeting Room
Wednesday November 20, 2019, 5:30 p.m. - 7:30 p.m., North Point Library Meeting Room

Roots and Wings: Preparing Your Child for Life After High School
A workshop for parents who are considering college for their child with a disability. It will offer academic, social/emotional, and self-advocacy strategies that parents may use in supporting the successful transition of students with disabilities from high school to college. Presented by Robyn McCray, LCSW-C, Associate Director Disability Services, Towson University
Thursday October 24, 2019, 5:30 p.m. - 7:30 p.m., BCPS Greenwood Campus, Building E, Room 114

Sensory Strategies at Home and School
Participants will learn about sensory processing, identify how a child's seven senses process information and discover sensory processing strategies to support children's participation in home and school routines. Presented by Beth George, Occupational Therapy Team Leader, Baltimore County Public Schools
Wednesday, November 13, 2019, 5:30 p.m. - 7:30 p.m., BCPS Greenwood Campus, Building E, Room 114

Registration is required and limited!
To register, please call or email the Special Education Resource Center
(410) 887-5443  serc@bcps.org
Let us know in advance of any accommodations you may require

*** Workshops are for adults only, NO childcare available. If Baltimore County Public Schools are closed, close early or evening activities are cancelled, workshops will be cancelled. ***

Daytime Fall Workshops
FREE PARENT WORKSHOPS!
Sponsored by the Special Education Resource Center located at The White Oak School
Baltimore County Public Schools Office of Special Education
2019 Fall Workshops
Registration now open!

Daytime Series

Is Your Child a Picky Eater? Learn What is Typical and When You Should Seek Help
Staff from Mt. Washington Pediatric Hospital will present a workshop for parents. Attendees will
learn about typical development of feeding skills in infants and children, get tips and strategies to
improve each child's nutrition and get answers to pressing questions regarding picky eaters.
Presented by Sean Logie, PhD, Pediatric Psychologist, Feeding Disorders & Emily Hecht, MS,
OTR/L, Occupational Therapist
Thursday October 24, 2019, 10:00 a.m. - 12:00 p.m., White Oak School Main Training Lab

ABLE Accounts: A Savings Tool to Promote Independence and Financial Stability for
Your Child's Future
Maryland ABLE is a way to help people with qualifying disabilities and their families save for
everyday needs, save and invest in a tax-free account, and prepare for the future without losing
state or local benefits such as SSI and Medicaid Waiver services. Join us to learn about eligibility
criteria, enrollment, account management, tax benefits and how to use an ABLE account to pay for
qualified disability expenses that support your child's health, independence, and quality of life.
Presented by Kelly Nelson, Outreach and Communications Manager for Maryland ABLE.
Thursday November 14, 2019, 10:00 a.m. - 11:00 a.m., White Oak School Main Training Lab

Registration is required and limited!
To register, please call or email the Special Education Resource Center (410) 887-5443
serc@bcps.org
Let us know in advance of any accommodations you may require
** Workshops are for adults only, NO childcare available. If Baltimore County Public Schools are
closed, or open 2 hours late workshops will be cancelled. Workshops will be held if there is a 1 hour
delayed opening. **

***White Oak School, 8401 Leefield Rd., Baltimore, MD, 21234***
Grief Camp for Kids
Ages 6 to 12
Saturday, October 12, 2019
10:00 a.m. - 3:00 p.m.

Our one-day camps are designed to help grieving children learn ways to explore their grief through innovative techniques in a supportive, therapeutic environment with their peers. Camps are facilitated by professional counselors.

Activities may include:
- Art
- Movement
- Honest dialogue
- Education on the grieving process
- Learning helpful ways of coping

To register or for more information, call 410-252-4500, ext. 7291 or email hbenassi@stellamaris.org. Spaces are limited. Fee: $50/participant. Sliding scale fees and sibling discounts ($25/each additional sibling) are available. No charge to Stella Maris Hospice families.

2300 Dulaney Valley Road · Timonium, Maryland 21093
www.stellamaris.org
Save the Date

Annual Baltimore County Child & Adolescent Behavioral Health Resource Fair

—a free networking event—

Tuesday, October 29, 2019
Sollers Point Multi-Purpose Center | 323 Sollers Point Road, Dundalk, MD 21222

Schedule of Events

11:30 AM-1:30 PM  Resource exhibits open
                  Lunch available—first come, first served

1:30 PM- 3:00 PM  Educational presentations
                  Providing 1.5 Social Work CEU

**No fee for participants or exhibitors**

Eventbrite registration information will be sent in September.

For information, contact:
Margie Koretzky or Tiffany Chavis at 410-887-3828
or e-mail: childhbfair@baltimorecountymd.gov

This event is sponsored by:
Baltimore County Department of Health and Human Services/ Mental Health Association of Maryland
Baltimore County Public Schools/ Baltimore County Police: Youth Counseling Team/ Catholic Charities Child & Family Services
Thrive Behavioral Health/ Aspire Wellness Center/ Board of Child Care/ Psychiatric Institute of Washington, D.C.

Sollers Point is an accessible facility.